

Chinese Association of Victoria Inc Tel: 9800 3388 CAV Educational & Cultural Centre Email: <u>admin@cavinc.com.au</u> 320 Wantima Road, Wantima VIC. 3152 Website: <u>www.cavinc.com.au</u>



Beat the Winter Blues ! Warm Up at the

CAV Annual Mid Year Dinner Saturday 21st June 2008

10 Course Banquet, Live Band Entertainment

Time:6:30pm (sharp)Cost:\$48Venue:CAV Centre320 Wantirna Rd, WantirnaEnter By Ashley Street

Dress Code: Smart Casual

For tickets and further information contact: Evelyn Han 0421 592 149, Vincent Chow 0413 734 088

Please inform us if you require a vegetarian dinner. Soft drinks & tea provided. BYO Wine.

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PRESIDENT'S SPEECH



The CAV Annual General Meeting held on Sunday 30th March was attended by approximately 50 of our members. A new Executive Committee (EXCO) was elected and I would like to express my appreciation to those who put their names forward to assist in the advancement of our Association. At the same time I would also like to thank Brian Tyedin and Min Loh for their support last year. I would also like to thank Lily Ong who has resigned from the CAV Cultural Dance Troupe after many years of departure will be sadly missed.

service and her departure will be sadly missed.

For the first time in the last many years, we have a full EXCO team this year. We have an exciting team of EXCO members, all eager to start working towards an exciting and successful year. The following indicates the EXCO and Portfolio position held by the individual team members.

Vice President:	Evelyn Han (Mid Year Dinner; Constitution Review Committee) Mai Saw (Festive Celebrations; CAV website) Lillian Lai – (Gala Ball; Hall Booking)
Secretary: Assistant Secretary: Treasurer: Assistant Treasurer:	Grace Chan Leon Han Ken Ong Lawrence Phoon
Public Relations Officer:	Vincent Chow (080808 CAV Olympic Games & Trivial Night)
Committee Members - Bill Ho Sue Labberton Kenny Lau Josephine Richardson Adeline Sze Shirley Teh Susan Woon	(Security; Food Safety Supervisor) (School Council Representative) (Maintenance) (Newsletter) (Key Control)

We are in to our 26th year since inception and for the first time ever there are more female EXCO members (10) than male (6). Members of the CAV Women Interests Network are very pleased and delighted for the achievement of the female gender in CAV. CAV is moving with the times and the gender balance indicates the maturity of our association.

The new EXCO had a meeting with all Subgroup Chairpersons as well as our CAV delegates to organizations out in the community on the evening of Monday 5th May. The main purpose of this meeting is to foster closer relationship and better understanding amongst members in the CAV management team as well as to open up dialogue and improve communication within the team which is vital for CAV as it allows us to move forward on a united front and as ONE TEAM. The meeting was hailed a great success and one of the important outcomes of this meeting is the decision to compile a CAV EXCO Working Manual Guidelines which we will be passed on to future CAV Executive Committees.

Below are some of the important dates and events we have planned for this year. Please clear your calendar and join in the fun!

Zhong Festival / Fund raising for school "Beat the Winter Blues" Mid Year Dinner & Dance (with live band) 080808 CAV Olympic Games and Trivial Night CAV Chinese School Open Day / Mooncake Festival "China Here We Come" Holiday Tour CAV Annual Gala Ball Sunday 8th June Saturday 21st June Friday 8th August Sunday 14th September 18th Sept - 5th Oct Saturday 8th November

Thank you for the wonderful support all of you had given me and my committee last term. I sincerely hope you will continue to do so and join us in some, if not all of the activities we have planned for you.

Khim Chow, CAV President.



Khim Chow

1) What is your earliest memory? Falling down the front steps during a fight with my older brother when I was four. He was snatching my toy. I broke my collar bone from the fall but I did not give up my toy. Heheheeee!.....he still feels bad about this incident to this day!

2) If you were to choose an animal to describe yourself, what would it be and why? I think I am an 'eagle'.....always soaring high......looking far; wide and around me to see what is going on. Yes.....it does sound like I'm a bit of a busy body and a control freak. Hmmmmmmm.....I wonder if other people might think I'm a little sparrow instead of an eagle since I don't look very majestic.

3) Friends say that I am someone who can't seem to slow down.

4) Often I wonder if I would be happier if I am richer but the answer always tends to be 'No'. I am happy with what I have, especially my family. Wealth can't buy happiness. I am a true believer in this. Guess I'll never be rich with this attitude.



<u>Lillian Lai</u>

1) What is your earliest memory? I used love spending my early childhood days sitting and acrobating on a big Malaysian cherry tree next to my house, with no worries in the world except eating the best cherries.

2) If you were to choose an animal to describe yourself, what would it be and why? Always proud to be a pig who loves to laze around and dream a lot and eat to heart's content. Pigs do not have to work, but I choose to be active. Pigs can be very friendly, loyal, understanding and tolerable, but hates to be

betrayed & "stepped on"

3) *Friends say that* I am very generous and helpful, and I do too much community work. That I dress well and take pride in how I look.

4) Often I wonder what my life would be like if I were to be poor and have to beg for my meals. I must be grateful for being what I am today.



<u>Evelyn Han</u>

1) What is your earliest memory? Why do I hate cucumber now! Well, when I was young, cucumber was one of my favorite vegetable. I was so greedy I ate too much and got sick from over eating. Now I could not even stand the smell of cucumber or eat it raw

2) If you were to choose an animal to describe yourself, what would it be and why? I think a good looking dog who can usually find a good home. I believe, I am loyal, friendly, lucky to have a good family but can be stubborn at times, like to voice my opinion and like to be heard. Pretty harmless really, as one would

say," Barking dog does not bite"

3) *Friends say that I am* fair, honest; they valued my opinion and can be trusted. I would like to share my luck for having some very good friends who are very hard to find.

4) Often I wonder nothing much really, time does not stand still enough for me to contemplate why. Life just goes on, work & work, fun & friendships.



<u>Mai Saw</u>

1) What is your earliest memory? My earliest memory is watching people praying in a Hindu temple nearby my home. My mum told me that when I was a baby, she was busy taking care of us (7 children) and unable to attend to me all the time. Whenever someone offered to help to take care of me, she was more than happy to accept the offer. Some of the Indians who went to the Hindu temple got to know us and they always took me along to the temple during their praying services. Imagine if my family did not move away, I would most probably be able to speak Tamil or Hindu by now.

2) If you were to choose an animal to describe yourself, what would it be and why? I have never used an animal to describe myself. Well, if I need to choose one, I would say a bird. During the day, I would

be "chirping" away with my friends and working hard to feed the family. I enjoy the nature and its beauty and it is great to fly high up in the air and have a bird-eye view on the world. At night, I would go back to my warm "nest" and rest with my family.

3) *Friends say that I am* a friendly, helpful, caring and responsible person.

4) Often I wonder what I would do if I am not working in I.T. industry. I loved languages and singing while I was at school, but somehow I ended up in the scientific and technical field. If I was to pursue my interest, would I become a singer or a writer and working in the Entertainment industry?!! I wonder.... Well, one thing I am certain is that I would not enjoy a life in the public eye and I am happy with I am doing now.



Grace Chan

1) What is your earliest memory? I cannot remember. What's the question again?

2) If you were to choose an animal to describe yourself, what would it be and why? Tiger. Such a BIG and LOUD beast.

3) Friends say that I am Too Loud!?

4) Often I wonder it is like is to be PAMPERED everyday!



<u>Leon Han</u>

1) What is your earliest memory? When I was young, we used to have a durian tree in our backyard. During durian season, at nighttime, we could hear the durians dropping from the tree. The sound was quite loud and I use to count how many durians fell. The next morning I would rush to the backyard, count the durians on the ground making sure that they were all there and carry them into the house.

2) If you were to choose an animal to describe yourself, what would it be and why? I am born in the year of the Pig and it describes me very well. I enjoy eating most hawker food, a sumptuous "Chinese" meal

will satisfy my hunger, even better if the course finishes with a desert call "ice-cream".

3) *Friends say that I am* good to my wife, always take care of her especially on the golf course. Some says that I am "very straight" I can be so right at times that it drives my family insane.

4) Often I wonder what our world would be like in the future for our children with problems such as global warming, diminishing oil supplies and increasing pollution levels.



Ken Ong

1) What is your earliest memory? Falling off a terrace onto a rod.... when I as about 5. I think I cracked my L4 which is why I have back problems.

2) If you were to choose an animal to describe yourself, what would it be and why? Probably a pig because I was born in the year of the pig. Pigs loves food, loves to sleep and get hands (trotters) dirty and are generally friendly. Other times I could be a cat... and give people attitude.

3) Friends say that I am friendly, loyal, honest, straight-forward, dependable, generous, hardworking,

fiery, sensitive, funny and everything else good you can think of. Actually, friends never tell me any of the above. Only new people I meet tell me these things.

4) Often I wonder what my life would be if I had not come to Australia 30 years ago. But then, I wouldn't trade what I have now so why bother wondering.



Lawrence Phoon

1) What is your earliest memory? Sleeping under my parent's bed during World War II.

2) If you were to choose an animal to describe yourself, what would it be and why? Tiger - as I was born in the year of the Tiger. I think I am not fearful in taking up challenges

3) Friends say that I am personalable and easy going

4) Often I wonder why there is so much trouble in the world and wish that everyone can be at peace with one another



Vincent Chow

1) What is your earliest memory? My earliest memory is my grandma asking me to go to the side of a Chinese temple to a pee as I was desperate to relief myself. She said don't forget to say "excuse me God, I need a pee" before doing it and so I did!

2) If you were to choose an animal to describe yourself, what would it be and why? Dragon - pure legendary!

3) *Friends say that I am* a typical Scorpion. Do a bit of research if you want to find out what they are.

4) Often I wonder why I wonder at all cos' there's usually no answers to the wonders that I wonder.



Sue Labberton

1) What is your earliest memory? Going to the movies with my mum. She fell asleep. I had to wake her up because I thought that we would be locked in overnight. I was probably 6 years old.

2) If you were to choose an animal to describe yourself, what would it be and why? Lion. I believe I am very much like one. Like a lion, I am courageous, fiercely loyal, protective, majestic and proud.

3) Friends say that I am Short, exuberant, kind, thoughtful and a loyal friend

4) Often I wonder What it would be like to have Einstein's brain, Arthur Rubinstein's magic fingers, Margot Fonteyn's grace and poise, Elle McPherson's body and height, the spirit and tenacity of William Wilberforce. Dream on, Sue Labberton!



Josephine Phang

1) What is your earliest memory? Can't remember - Early symptoms of dementia :)

2) If you were to choose an animal to describe yourself, what would it be and why? The Monkey - birth year and I believe I was a monkey in a previous life! - don't ask me why?

3) Friends say that I am A control freak, a golf tragic and I keep changing my mind

4) Often I wonder if I'll break my handicap (golf)



<u>Kenny Lau</u>

1) What is your earliest memory? My earliest memory was when I was in primary year two, I won the 1st prize in water colour painting competition in my school and I still remember the prize is a box of water colour paint.

2) If you were to choose an animal to describe yourself, what would it be and why? I will choose rat and I am born in the year of rat. People born in the Year of the Rat are noted for their charm and attraction for the opposite sex. They work hard to achieve their goals, acquire possessions, and are likely to be perfectionists.

- 3) Friends say that I am a good singer and I love Singing
- 4) Often I wonder whether I will get married again. I have still not decided yet.



<u>Bill Ho</u>

1) What is your earliest memory? A Round Ball

2) *If you were to choose an animal to describe yourself, what would it be and why?* I think a Rabbit which is a Chinese Birth animal because describes me as it is 'Jumpy but smooth'.

- 3) Friends say that I am enthusiastic about life and have a happy nature.
- 4) Often I wonder what the world would become in the future for mankind now that it is over 7 or 8

thousands years old.



Shirley Teh

1) What is your earliest memory? Can't recall because as we age gracefully, fond memories start to fade very easily

2) If you were to choose an animal to describe yourself, what would it be and why? A rat, cos' I am constantly running around looking for things to do and food ideas to feed myself and my family and a rat is constantly worried about getting caught - in my case constantly worry about my family

3) Friends say that I am helpful, hardworking, considerate, funny and extremely friendly

4) Often I wonder in the olden days people stay with arranged marriages together till they die, today self-chosen marriages average 5-10 years (if lucky), and people are BORED with their daily lifestyles easily and constantly looking for changes. What has make modern day people change so much to think and act differently than their ancestors?



<u>Adeline Sze</u>

1) What is your earliest memory? Falling off a bike whilst trying to learn to ride it

2) If you were to choose an animal to describe yourself, what would it be and why? I was bestowed the characteristics of a dog that describes it all except I don't bite.

3) Friends say that I am always there for them

4) Often I wonder well the more you do you just make yourself miserable and unhappy. Just be grateful and think of the less fortunate



Susan Woon

1) What is your earliest memory? My earliest memory would be walking home from school on the 1st day of my school life and seeing my dad at the far end of a soccer field waiting for me. I never could forget how happy I was seeing him as everyone had a parent wait for them outside the classroom before the bell went off. Dad was only with me for 18 years of my life. So that is not only the earliest memory but the most precious one.

2) If you were to choose an animal to describe yourself, what would it be and why? I would love to be a bird, light as a feather free as a bird. They get the best view up there.

3) Friends say that I am very hard to get over the phone. Spend too much time at the golf course.

4) Often I wonder why I worry so much what others think of me, when the person next to me is probably feeling the same way.



CHINESE ASSOCIATION OF VICTORIA



Zong Order Form 维省中华协会粽子订单

The following varieties of Zong are offered to our members at a special price. If you are interested in ordering, please fill in the form below and return it with your full payment in cash or cheque (made payable to Chinese Association of Victoria) latest by Sunday 01/06/2008.

Your order can be collected from CAV Centre on Sunday 08/06/2008 after 11:00am. Thank you.

Note: Pick up by Ballroom Dance Group Thursday 05/06/2008

以下不同品种的粽子为我们中华协会的成员们大优惠,如果你们想预订,请填好下面的表格并付清所订的钱或者支票(支票抬头: Chinese Association of Victoria)。2008年6月1日是预订粽子的最后一天。

<u>你们预订的粽子将于2008年6月8日星期天上午11点以后在维省中华协会中心领取。</u>

请注意: 交谊舞组领取粽子的日期为星期四2008年6月5日。

To: CAV Zong Order维省中华协粽子订单 320 Wantirna Rd Wantirna 3152 Tel电话: 9800 3388

From姓名:

Address地址:_____

Tel电话:



	Description		Unit \$ 单价	Qty 数量	\$Amount 总计
1.	咸肉粽 (糯米猪肉栗子,虾米冬菇胡绿 豆)	Savory Zong (glutinous rice, pork, chestnuts, mushrooms, mung bean)	\$2.80		
2.	娘 惹 粽 (糯米、 猪肉、 糖冬瓜、 冬菇、 香料)	Nyonya Zong (glutinous rice, pork, sweet melon, mushrooms, spices)	\$2.80		
3.	素食、粽(糯米、栗子、冬菇、绿豆)	Vegetarian Zong (glutinous rice, chestnuts, mushrooms, mung beans)	\$2.40		
		Total Payment 共计			

We enclose herewith our payment in cash/cheque of \$______ for our order above

随预订单附上我们所订粽子的现金/支票,总计\$______

RECEIPT FOR 2008 CAV Zong Order (2008年维省中华协会月饼订单收条)

Name姓名: ______ Date 日期: _____

Received By 收款人: ______ Cash 现金/Cheque 支票 Amount: ______

Zong, the Story

Zong Zi - a glutinous rice dumpling wrapped in bamboo or reed leaves. It is meant to honour Qu Yuan (340-278 BC.), the pioneer poet of ancient China. Qu Yuan was a famous poet who was also concerned about the fate of his government. Unfortunately his stature aroused the jealousy of the king, who banished him to a remote area. The poet despaired of the government and its policies.

When the state's capital was captured by enemies, he committed suicide by drowning himself in the Miluo River (on May 5th according to the Chinese lunar calendar). The Chinese people felt this loss deeply, as he was a much beloved poet. Local folk searched for him in the river, meanwhile dropping dumplings of glutinous rice wrapped in bamboo or reed leaves into the river in order to keep the fishes from attacking Qu Yuan's body.

Since that time, it has been customary on this day to enjoy Zong Zi dumplings as a memorial to the patriotic poet. In addition, there is also a festival called the Duan Wu or Dragon Boat Festival. If you ever visit China during the Dragon Boat Festival, you can't miss the nationwide custom of enjoying Zong Zi. You are sure to be impressed with the delicacy of this snack, and with the faint scent of the leaves imprinted on the skin of the dumplings.

The main ingredient of Zong Zi is the glutinous rice. The next most important ingredient is the bamboo or reed leaves which form the wrapping and make Zong Zi distinct from other types of Chinese dumplings. The filling often contains either dates or sweetened red bean paste. These are the ones I once had in my family. I like them much more than the ones with meat but my brother doesn't. He says the meat ones are terrific.

The leading place for the food is Jia Xing, an ancient town in Zhejiang province. Many different types of Zong Zi are made here. At Wu Fang Zhai, a monopolistic food processor, you'll find all the ingredients you need: the dumplings with meat, sweetened bean paste and chestnuts, lotus seeds, dates, and yolk of egg. If the materials are available to you, it is quite possible for you to make Chinese Zong Zi at home; both for pleasure and maybe also to honour the great poet, Qu Yuan

CULTURAL DANCE TROUPE

Dedication, dedication, dedication! Dedication is the operative word appropriate for describing the Ong Family's involvement with C.A.V. Cultural Dance Group. Since 1990 when Li Ching started her dance lessons in C.A.V., the whole family had become very much part of the C.A.V.'s regular Sunday 'fixture'.

Over the years, Mother Lily Ong has helped with the Dance Group; she has been chairperson from 1990 until now. During this period, she was in charge of the students and the teacher, liaised with parents, organized costume-making, and looking after all the costumes which had increased many folds since the Dance Group began in 1982.

Father Tony Ong had helped in whatever wife Lily Ong was doing, including the operation of the school canteen for



Lily Ong was doing, including the operation of the school canteen for many years. He had also served two terms in C.A.V. EXCO, and one term in the School Council.

Li Ching and Su Ching Ong have been two of the consistent participants in various C.A.V. and external functions. Together with Hwan Yee Choo, they have been 'C.A.V. ambassadors' for many years: Li Ching – 18 years and Su Ching - 16 years. From 2004 to 2006, as a voluntary teacher, Li Ching has taught the basic Chinese dancing steps to new students, modified and choreographed dances for the younger groups.

Due to work commitment, Lily Ong has now resigned as the chairperson of the Dance Group. C.A.V. thanks Lily and her family for their dedication to the Dance Group.

C.A.V. appreciates the effort the children and parents have put in for every performance in the past years. Special thanks to all the children, parents, the Dance teacher, Shirley Kortlang, and helpers of the Dance Group, in particulars all the group leaders (Shalin Tan, Rebecca Yu, Sue Labberton, Angela Tieu, Ann Lo, Rita Au) and Lily's assistant and treasurer of the group, Jenny Bai. Thanks also to Vivienne, Debra Davidson, Pauline, Lillie Giang, Lillian Lai and Ken Ong who has always looked after the Dance Group in performance at the Palladium, not forgetting anyone else who may have helped in one way or another over the years.

The Cultural Dance Group is undergoing a planning and re-structuring process at the moment. It is anticipated that classes will re-commence towards the end of May. Enrolment is now open for the following classes:

Class 1 – Sunday 12.45 -1.45 p.m. (6 to 10 years-old)

- Class 2 Sunday 1.45 2.45 p.m. (11 -16 years old)
- Class 3 Sunday 3.00 4.00 p.m (Adult class) subject to time change

Enrolment forms are available at the C.A.V. School Office on Sundays from 9.30 am to 4.30p.m.or email Ramona Chua on <u>gubbera@eftel.com</u>. Mobile: 0448 976 988

2008 CAV CHINESE NEW YEAR DINNER 迎接鼠年团圆晚会

On Sunday 17th February 2008, the 11th day of the first lunar month, CAV organised a Chinese New Year (CNY) family dinner at CAV Centre, welcoming the Year of the Rat.

Although having involved in organising CAV Chinese New Year for a number of years, this was the first time I have to lead the organising committee. I am thankful to have **Vincent Chow** and **Angie On** to be in the committee as they both have plenty of experience in organising CNY festivities celebration.

In our first planning meeting, we decided that the food would be partly catered by a restaurant and CAV "Yee Sang experts" and volunteers would prepare the Yee Sang and another 2 dishes. The dinner function would cater for the young and old and there would be cultural performances, games and competition.

We gave a few restaurants a call, most quoted a price higher than what we have budgeted for and some were too busy with CNY bookings and not able to help us. We were lucky to have Patrick and Anne Loh from the **Ringwood Chinese Restaurant** willing to take up the catering and that was a great relief to us!

Lucky God was with us; Vincent delivered the good news that CAV has successfully secured a

\$660 grant from the Victorian Multicultural Commission (VMC)

and EXCO member, Kenny Lau managed to obtain a

\$500 sponsorship and **300 red packets** from **Citibank, Little Bourke Street branch** We have also managed to get a sponsorship from

Oriental Merchants to donate boxes of UNITED GAP Biscuit Sticks, YEO bottled drinks, seafood dipping sauce, mee goreng sauce and 3 large foods hampers as raffle prizes.

With the food and funding problem resolved, we then looked at items for cultural performance. We were grateful that the CAV Chinese school principal, Ramona Chua, chairpersons of CAV cultural dance group, Lily Ong and chairperson of CAV Karaoke group, Kenny Lau, have all agreed to perform singing and cultural dance on the night.

The committee thought of having a demonstration of some famous culinary skills of Chinese cooking and agreed on the art of 'noodle making'. With the help of Patrick Loh from Ringwood Chinese Restaurant, we managed to get in touch of the infamous '**Noodle Making King'**, **Mr Tommy Chung**. Mr Chung has more than 30 years of experience in noodle making, he has represented Hong Kong Tourism Board to tour the world to promote Chinese fine dining and since migrated to Melbourne, he has travelled around Australia to demonstrate the art of noodle making. He was happy to come to perform on the night.

It will not be a Chinese New Year celebration without the drums and the lion dance. To make a difference this year, the committee invited the **FCA Dragon Dance** troupe to perform; we hoped that this would give the event a fresher look.

To make it a fun and exciting night, we decided to have some family Games and Competition. Well, no one has more ideas than our Games Master, **Angie On**. Many ideas were brought up and we chosen a few games that have CNY related themes, they are Guess the Money in the Red Packet, Dumplings (with wasabi) eating competition and Table tennis ball relay with chopsticks.

With all these fantastic performances and games we have put in place, the organising committee knew that we were going to have a fun-filled and exciting Chinese New Year dinner.

On that day, everything ran as planned. More than 260 people attended the function. The FCA dragon dance troupe was a perfect opening item for the night, the drums and the lively dragon dance filled the hall with Chinese New Year atmosphere. The cultural dance group entertained the audience with their beautiful and elegant Ribbon dance and Long Sleeve dance. The students and teachers from CAV Chinese School and the Karaoke group have each performed 2 Chinese New Year songs; their lovely voices have certainly put a smile on everyone's face.

Mr Tommy Chung has not disappointed us with his amazing noodle making skills. We were lucky to have Mr Matthew Wong volunteered to stand in as Mr Chung's translator and done a good job in explaining the noodle making process to the audience. After the show, all the children have a great time at the hand-on workshop with Mr Chung.

Plenty of food was served; the Yee Sang dish prepared by our volunteers was the highlight of the menu. Beside Yee Sang, we also have soy sauce prawns, curry chickens, pork with plum sauce, sweet and sour fish, fish ball & dim sim platter, mi goreng and mixed vegetables. Desserts were sweet red bean soup and the steamed cakes donated by Nancy Sim.

It was great to have Deputy Chinese Consul, Mdm Yang Yue Ming and Bayswater MP: Heidi Victoria joined us in the celebration and said a few words to all the attendees. The family games and competition proved to be popular. The hall was filled with laughter throughout the night.

At the end of the night, each child was given a red packet and some biscuits to take home, we were glad to receive lots of compliment and positive feedbacks on the event.

The event is made possible with the support of following people (Please accept my apology if I have missed out your names in the list):

- Lillian and Rex Lai for donating a food hamper for raffle prize
- Grace Chan and Amanda Ashton for managing the reception desk
- Ramona Chua, Angie On for collecting and counting the raffle tickets
- Raymond Wong, Raymond Goh, Robert Labberton, Kim Saw, Darren Saw for setting up and clearing the hall.
- Nancy Sim, Lillie Giang, Sherilyn Yong, Sue Labberton, Mun Goh, Helen Wong, Mrs Fun Wong, Robyn Evans, Vincent Chow, Khim Chow for helping out in the kitchen
- Bill Ho for attending the car park
- Brian Tyedin for the excellent MC skills, ensuring that everything ran on time and seamlessly
- Cultural Dance group, Chinese School and Karaoke group for their performances
- Most importantly, members and families who have come to support the event.

It was a pleasure to be able to work with so many capable and talented people in the team and it was certainly most rewarding to see all the children went home with a happy smile on their faces.

Mai Saw on behalf of the 2008 Chinese New Year Organising Committee

On 5th February 2008 7:30 pm, the Tuesday night Tai Chi class commenced its first lesson. We were fortunate that Master Anthony Lun and assistant Beng Law are able to volunteer their time to teach the class. This means that from this year onwards, there will be 2 Tai Chi groups running at CAV hall, one runs on Tuesday evening and the other on Sunday morning.

This year, both groups will be learning the new stretching and breathing exercises that emphasize on stretching and relaxing the tendons and muscles at various parts of the body. We will be learning and practicing the Chen Style Tai Chi form. Sunday group members will also be practicing the routines for Tai Chi single sword, single sabre/ broad sword and double swords.

There will be 4 Saturday workshops run from 9:30 am – 3:00 pm.

NEW TIMETABLE Tuesday night: 7:30 pm – 9:30 pm Sunday morning: 9:30 am – 12:00

hi training. The workshops

Everyone is welcomed to join the class anytime, the first lesson is free. Enquiries: Mai Saw 0413 128 890 or 9807 2815 (AH)

noon



MEMBERS" GOOD NEWS CORNER

The newsletter team has always been looking for new ideas to improve the content of the publication. This year, we are trying out a new page where members can share their good news such as child birth, special birthdays (60s, 70s...) and wedding with the CAV communities. We are



Congratulation to CAV Foundation Members Peter and Kim Ho for becoming the first time grandparents. Their daughter, Jessica, gave birth to a healthy boy, Oliver Hao-Ming, on 31st January 2008.

Congratulations to Mrs. Jackie Ooi, former vice president of CAV, for receiving the Victoria Cultural Diversity Quest Award from the Victorian Multicultural Commission.

Jackie is a leading teacher at Noble Park English Language School; this teacher award is for her role in continuously promoting and fostering cultural diversity program in her school and at the wider community in Victoria.

Jackie has organised many annual International Day Concerts at the school during Victoria's Cultural Diversity Week. The objective is to give the school's staff and students from more than 40 countries an opportunity to showcase their cultural backgrounds. The program includes a multicultural concert, morning tea with international cuisine for the school community and visitors, as well as school tours to view students' projects on different countries.

Jackie believes in the importance of cultural diversity in strengthening the health and well being of the community extends outside of the school. She was actively involved in promoting Chinese cultural activities while she was a CAV EXCO committee.



hoping that this page will help to improve the communication among our members.



CAV BUILDING PROJECT



The 'Courtyard of Serenity & Eternal Peace' with its ancestors memorial wall proposal, was presented at this year's AGM to the members. This proposal was widely and enthusiastically accepted by the audience and a directive was given to further investigate the costs and development of more detailed plans/drawings.

The proposed funding for this project will depend on donations from members or the community. It is proposed that for every \$1000 donated, the donor is entitled to have a name inscribed on the Memorial Wall in the Courtyard, for their loved departed family member. All monies will be put into a trust fund which will build and maintain the Courtyard. A board of trustees will be elected to

administer this Memorial Trust Fund.

Members interested in this project to contact the Executive Committee.

Also, presented at the AGM was the Aged Care & Retirement Accommodation proposal of the Phase 2 of our Building Project. The Aged Care accommodation is dependent on getting the Federal Government grant for 90 beds, without which it cannot proceed. This probability has to be looked into again by persons specialised in this field. With the Retirement Apartments, the large capital funding required makes it difficult for CAV to handle at this stage.

Although generally speaking, aged accommodation follows care retirement accommodation, it is prudent in CAV's case to first see if we can get the Government grant build the Aged Care and Accommodation. If this is achieved first, then CAV will be more secure financially to venture into other investments.

Due to costs constraints we do have to do things in stages so as not risk our association's assets.

Frank Chew Building Project Co-ordinator



Dr.

CAV VCE ENGLISH 'PERFECT SCORE' AWARD 2007

Clement and Maree Wong is offering a \$500 award for a 'Perfect Score' in VCE English!

The award is for excellence in English and is presented to any VCE student who is a financial member of the CAV, (or a child of a financial member of the CAV).

It is awarded to the student who has achieved a perfect score in English Language in the VCE Exam.

A perfect score is defined as the best attainable score for the subject, i.e. 100%. This is usually not the raw score but the adjusted or rescaled score. It does not matter if the achievement is obtained on a second attempt. This award however, does not include English as a Second Language.

The award is a cash award of \$500 with no conditions attached. If there are 2 or more successful students each student will receive \$250. The students who just sat the VCE in 2007 are eligible. The student with a perfect score who would like to claim the award can contact Mrs. Khim Chow on 0409 216 437

CAV SCHOOL COUNCIL REPORT



I am humbled to be invited back by President of CAV and Exco to convene a new CAV Chinese School Council since I left CAV Chinese School Council in 1995 due to other wider community commitment.

I am pleased to announce that after spending the first term setting up an information and enquiry desk outside CAV Chinese School talking to many parents and members, a new CAV Chinese School Council has been established. On 18 April 2008 I convened the first Council meeting at my place.

I am grateful for those members who are so willing to participate as our new CAV Chinese School Council members. They are as follows

Chair:	
Secretary:	
Assistant Secretary:	
Treasurer:	
Assistant Treasurer:	
Fundraising and Canteen Management:	
Principal:	
Teacher's representative:	
School Administrator:	
EXCO representative CAV President:	
EXCO representative:	

Dr Ka Sing CHUA Mr George LEE; IT and Management Consultant Mr Peng WAN, IT and Management Consultant Mrs Sandra WU, practising Chartered Accountant Mr Derek KAM, IT and Management Consultant Mrs Lillie Giang Mrs Ramona CHUA Mrs Millie KO Mrs Zhi-ming LAY Mrs Khim CHOW Mrs. Sue Labberton

The parents are well represented in the new School Council. We have a full agenda set for 2008 after the first meeting.

The first project that we have achieved is to set up a CAV CHINESE SCHOOL information display Board outside Glen Waverley Public Library. It is a free display for a month in April. I would like to thank Peng Wan for organising it.

We are also looking at setting up displays or information outlets at other suitable venues to publicise our school including local primary and secondary schools and other public libraries.

We are hoping to contact our old CAV Chinese School graduates from 1982 till now. We would like them to visit us and provide talks to our current students to give them some encouragement especially those who have benefited from our Chinese education/studies and continue to use them. We would like to locate a few "Kevin Rudd" among our past students so as to provide a useful and "cool" model for our students. Many of them would have young children ready to attend our Chinese School. We would like to encourage them to come and enrol. ADULT classes are also available for anyone who wishes to brush up their Chinese language speaking and writing skill.

Last but not least we also need extra hands from parents who can assist in his/her other expertise regardless like building, carpentry, engineers, cleaning, cooking etc. Please come and have a chat with members of our School Council on duties on Sunday or you can contact me on 03-98735050 office hours.

FINALLY we would like to acknowledge the great contribution made by previous Chairperson Mei Saw and her SCHOOL COUNCIL members and for their dedication and commitment to the well-being of the school.

Any good suggestion to improve our CAV Chinese School is most welcome.

Zong Festival – 8th June

Zong making demonstration in the school hall at 11:40 am, Members are welcomed to come and learn how to make zongs.

Contact Sue Labberton for details.

CAV CHINESE LANGUAGE SCHOOL



Welcome back to Term 2 of 2008, which began last Sunday for teachers and school staff when we had our second professional development (PD). The first priority for this term is the Year 12 Parents-Teachers interview. Instead of leaving this to the end of terms 2 and 4, Mrs. Shei-Pin Eldridge suggested that the interview be conducted now to give her the opportunity to speak to the parents about VCE preparation in general and each student's progress so far.

One of the noticeable changes at last Sunday's PD was the enthusiasm with which all present discussed the curriculum for the school. Many ideas were put forward, discussed, assessed and finalised. Every one participated in the discussion which saw a real sense of co-operation among all. I am grateful to all teachers for taking ownership of their teaching by actively speaking about their individual classes and putting forth suggestion for their colleagues, particularly Christina Xu who took the initiative to look at the overall textbooks use for the older students. The whole discussion was very positive, creative and constructive.

Special thanks to Ming Lay, the School Office Manager, who assisted greatly in the proceeding of the day. Apart from the PD day, Ming has been doing extra administration work out of school hours.

Term 2 is the longest term compared to the other terms; this allows our school to carry out innovative change to some aspects of the school curriculum. One of these will be the mid-year test format which will be in the form of oral assessment. At the second PD session last Sunday, it was unanimously agreed that the emphasis for the mid-year test will be oral proficiency, for this, the old school examination format will not be in use this term. The School will organise a sit-down free lunch at the hall for all students on the 1st June.

Parents will be invited to the lunch, however, a charge will be made for parents' lunch to cover cost for their food and drinks. Oral assessment will take place on stage, in the form of conversation, interview, role-play, recital, story-telling, reading, etc. Thus, the class presentation (oral work) originally scheduled for Term 3 will be cancelled, to be replaced by Chinese calligraphy and ink painting.

CAV School now runs three VCE classes of LO 391 to 394, two on campus, one off-campus at MacRobertson Girls' School in the city. I am pleased to see that some VCE students have taken the initiative to call me on the phone for their enquiries. It is my belief that students should take charge of their own learning, an important part of which is asking for help whenever it is necessary.

The newly-formed School Council will have its first formal meeting this week. This year we have a dynamic School Council consisting of members who are enthusiastic, resourceful and very much in tune with the running of the school. There are others who are unable to commit to being members of the School Council but have expressed their willingness to help out whenever they can. I thank everyone: school personnel, students, parents, CAV members and friends for their commitment to the CAV School.

The English Language and Maths tuition classes are progressing well. New students are welcome to join the classes of various levels. There is a small fee of only \$5.00 per student per class.

The Canteen, under the leadership of Lillie Giang, has been operating most effectively with the help of Robyn, Tina, Cleve, Sandra and others. As it is an ongoing weekly job (except for Lillie who has to do the ordering and purchasing on weekdays), more volunteers are needed to help out. Apart from being a good way of getting yourselves involved with our school, and making friends at the same time, it is important for children to see their parents participating in school activities, contributing to our school, and be part of the school scene.

* English & Maths tuition classes are conducted on Sunday afternoon. * More Canteen helpers needed. Please see Ming at the School Office on Sunday.

SCHOOL PRESENTATION DAY & FAMILY LUNCH DAY



On **Sunday the 1st June, 2008,** CAV school students will be giving an oral presentation as part of their mid-year oral assessment. The students will be treated to a free, sit-down lunch organized by Lillie Giang and her team of helpers, including members of the CAV EXCO. Parents, grandparents, relatives, friends, CAV members are welcome to join in the occasion as paying guests to watch the presentation as encouragement to students and at the same time support the CAV School.

For catering purpose, lunch can be pre-ordered using the form below. This Lunch Day is part of the school fund-raising effort by Lillie and her team. Please come along and support this event!

Please return this slip with the required money.

\$5 plate lunch including stir fried noodles or fried rice

\$1 - Soft drink / water

Other food may be purchased on the day.

NAME:

Your child's grade (if applicable).....

Page 15

Amount enclosed \$.....





CAV SENIOR GROUP

The Mahjong sessions at the CAV Cebtre has been started on 5 April 2008, co-ordinated by Mrs . Shirley Tan. These sessions will continue on the first Saturday of each month 11.00 a.m. - 4.00 p.m. Those wishing to participate should contact Mrs. Shirley Tan (Tel: 0421 386 592) to assist preparation. BYO lunch. There will be a charge of \$4.00 levied per person to defray expenses. Those interested should contact Mrs. Shirley Tan either by phone: 0421 386 592, or by e-mail: tanwongs@hotmail.com.





Other interesting activities will be organised by the Senior Group through out the year. Watch out for them. Chairperson, Dr. Tan Eng-Seong

Spectacular China, Here We Come!

If you're thinking of visiting China, why not join us in our trip from 18th September -5^{th} October

Places of visit:

- GuangZhou
- Huang Shan (Yellow Mountain)
- HangZhou
- JiuZhaiGuo
- YangTze River Cruize
- Nian
- Beijing

Cost: Approx \$ 4000-00 pp

Contact: Helen Wong Vincent Chow

0402 445082

0413 734088





CAV WIN SUPPORTS THE CANCER COUNCIL COME TO

THE BIGGEST MORNING TEA!!

DATES: Sunday 25th. May From 10 a.m.

&

Thursday 29th. May At 10:15 pm.

Home cooked food & snacks for sale!

Prices range from \$2 -\$5

All proceeds donated to the Cancer Council.

Food donations for sale on the dates above most welcome.

For further information, please contact Sherilyn Yong Tel: 9720 2762 or 0401 558 823.



Table Tennis

The Table Tennis Committee proudly presented a donation of \$1,000 to the CAV Seniors Group to assist the group establish itself.

The 2008 Grading & Ranking

From the total financial membership of 71, a total of 39 members took part in the 2008 Grading and ranking exercise. For various reasons, after the initial Selection 24 players on 5 April, the final stage had to be held on 19th April 2008. All Committee members helped cheerfully. A lot of work was put in by both Felix – Games Captain & Jonathan – Assistant Games Captain in setting up the format & close follow-up to ensure the Exercise became a success. And IT WAS! The final winners and runner-ups of the Grades are:

	<u>Winner</u>	Runner-up
Grade A	Tom Kee	Fatt Lee
Grade B	Stephen So	Charles Chai
Grade C	Frankie Li	Lawrence Phoon

Congratulations to all!

A medallion was given to each participant and individual trophies were awarded to both the winners & runners-up.

Detailed procedure on "Ranking Challenge "has been put in place. All financial members of CAVTT are encouraged to request for "challenge Games "to enable him/her to ascertain more accurately what ranking a player is officially entitled to in our CAVTT Ladder...See the Games Captain for more detail.

SPOT -LIGHT on two . Promising Young players.

Lawrence Lam,	aged 13.Originally from Hong Kong, arrived in Australia in August
2005. Lawrence	is currently studying at Ringwood Secondary College
George:	"Why do you find Table Tennis so interesting?"
Lawrence:	" At the age of 10 while I was in HK, I started to play Table Tennis
	and found it very interesting "
George:	"How do you see yourself in 3/5 years from now?
Lawrence:	"I would love to receive coaching "

Brendan Giang, aged 13. Brendan's parents were originally from Vietnam but Brendan was born in Australia.

George: "Did you choose TT right from the beginning? Bredan: "No...I used to like basket ball initially. But my parents Fai

influenced me a lot to play Table Tennis. Now I just love Table Tennis.

George: "How do you see yourself in 3/5 years? Bredan: "I would like to receive serious coaching

" I would like to receive serious coaching and hopefully make it to A Grade in 5 years from now ! "

A "Smartpong" table tennis trainer/robot was donated by Mr Albert Cherk. It is only 7 months old and even has 5 more months of warranty on it. Albert said "I hope the CAV table tennis club will make good use of it as I could see you have a lot of new players and they are very good too." Thank you on your usual generosity, Albert.

















Since the beginning of the year, members have attended the Thursday night lessons in large numbers, so much so we have to put a barrier in the middle of the hall to separate two groups of dancers, who are fighting for more space, in a friendly manner of course. Many new dances were taught by the two wonderful teachers, Irina and Jennifer. Constant revisions were conducted so that we do not forget what we have learned.

The monthly socials open to everyone on the third Saturday of the month are going smoothly. These social dances were attracting many outside dancers, some new and some old friends, to CAV Centre to enjoy the music and the facilities offered.

A bring-a-plate social dance for BDG members only was held in March. Many members joined in the fun of sharing the food, the dances and especially the comradeship.

The last Thursday night of the month is the "SUPPER" night. Every month one of the members has volunteered to prepare supper for the group. At last month's supper, we celebrated our teacher Jennifer's birthday.

A few new couples, beginners, have joined us. Slowly and surely steadily, they are learning new moves and able to join in. Those CAV members who have considered trying out ballroom dancing, but have doubt whether they can catch up, should drop in one Thursday night and experience the joy and atmosphere, and the thrill to find out YOU CAN DANCE.

Enquiries : Rex Lai 0413 290096 Kim Saw 0413 128916



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在皇族傘公司,我們附加努力去處理這些米。由 於這些額外的管理都是沒有被評級的,我們稱這 些優秀質量為"皇族傘級別"。





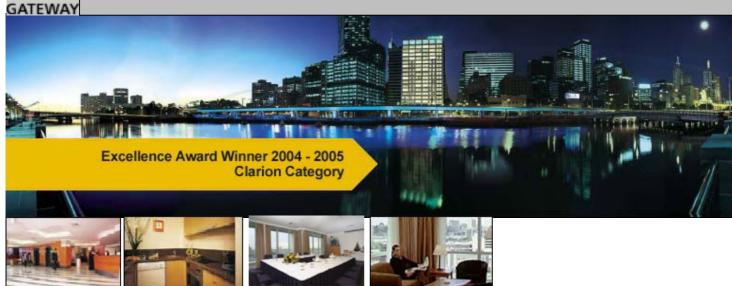








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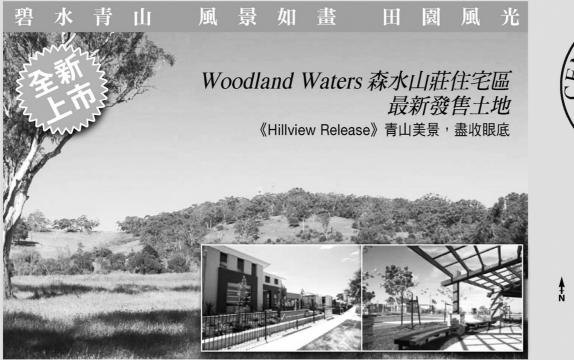
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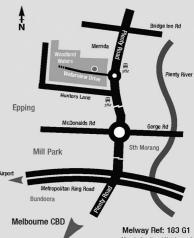




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CAV GOLF



This year our Valentine Shield Competition was held at the Waterford Valley Golf Club on the 17th February. We had 20 participating couples (40 players) and was fortunate to have a beautiful day to play our golf competition.

The winning couple with an aggregate score of 66 points is Mr.Kee & Mrs. Susan Woon. A very close runner-up was Dr. Vich & Mrs. Jenny Keyuranggul.

The day's event was aptly concluded by an 8 course dinner at the 'Purple Sands' restaurant in Camberwell, where the presentation of the Valentine Shield was awarded to the winning couple. Everyone had an enjoyable day and we all look forward to next year's Valentine' Day to play golf again.

Our next major golf tournament is our CAV Annual Golf Championships to be held on 27th April 2008 at the Rosebud Golf & Country Club. This year due to popular demand we had to increase the field of 72 players to 80. Even then we were over subscribed and unfortunately, the late comers had to miss out. The outcome of the Championships will be reported in the next issue of the Newsletter.

The Annual Golf Championship Award Presentation Dinner will be on Saturday the12th July at our CAV Centre. The dinner will be an 8 course Chinese banquet fully catered and the highlight of the night will be the Award presentation, followed by a Fashion Parade of golf wear by 'The Green Tee'. The Dress code will be 'golf gear' and prizes for the best dressed and zaniest dressed will be awarded. Raffles & golf Quiz will add to the fun and entertainment for the evening. Members interested to attend please contact Frank Chew mobile no. 0419998180 for tickets. (\$38-50 pp). Tickets are rapidly being taken up already.

All members interested in golf, to please send your email addresses to <u>fch97525@bigpond</u>. net.au to be in the 'golfing news loop'. Special reminder to golfers who have changed your email addresses to keep us updated or you will miss out. Happy Golfing!









CAV Karaoke Group



If you've never sung at karaoke, you're known as a Karaoke Virgin. If you are keen to rectify this as soon as possible, you'll be happy to hear that there are many people eager to help you. You can start making new friends and have fun at CAV Karaoke Club.

Karaoke originated from Japan. The word "Karaoke" is a Japanese word meaning "empty orchestra". It is an exciting entertainment concept whereby people get up in front of an audience and sing along to their favorite song with the words to the song appearing on a television monitor.



What are the benefits of doing Karaoke? Enjoy the singing. The more you relax, the more your singing voice will sound natural and un-strained, the better you will breathe, and the happier you will look.

Singing Karaoke also can help us improve our confidence in public speaking, make our mind and body more active . You will not only be entertaining yourself but also to others. It is a proven healthy hobby with no age limit!

Everyone is invited to come to join us and have fun. We meet only twice a month i.e. on the 1st and 3rd Sunday of each month at CAV Centre of 320, Wantirna Road, VIC 3152. (Enter from Ashley Street).We have also just form the CAV Karaoke Group Choir and practice is on the same day at our Karaoke session. Anyone wanting to join our Choir is welcome to joint us.

Time: 4.00pm to 5.00pm (Choir Singing practice at CAV library)

5.00om to 10.00pm (Karaoke session)

Bring your own Karaoke VCD/DVD for your own favorites songs. We have big a 12ft wide video projection screen with 25000 Karaoke songs to choose from, a fantastic sound system and most importantly, a group of very friendly karaoke members and good singers.

Cost: CAV member \$4.00 and Non CAV member \$6.00.

Join CAV family membership for only \$55 p.a. and get 10-30% discounts on all subgroup fees. For more information visit: www.cavinc.com.au

Coffee and tea included. If you wish, please bring a plate of food or fruits to share

This year our Karaoke Concert & Social Dance Night is schedule on Saturday 27-09-2008.

CONTACTS			
CHAIRPERSON :	KENNY LAU	Tel: 0405 019 223	Email: kennylau642@yahoo.com.au
TREASURER :	BILL HO	Tel: 0411 755 837	Email: billho@sme.com.au



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James Tan OPEX Corporate Business Brokers Ground Floor, 26-28 Prospect St BOX HILL VIC 3128. (Melbourne) Australia T: +61 3 9899 0099; F: +61 3 9899 7966 ; M: 0433 433 800 E: jtan@opexcorp.com.au; www.opexcorp.com.au	Business Sales, Mergers & Acquisitions, Exit Strategy & Business Succession Planning, Business Valuations and Capital Raising.
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Mr. Kenny Lau Comfort Colon Hydrotherapy & Health Care . 293, Victoria Street, West Melbourne, VIC 3003 Tel: 9326 3393 M. 0405 019 223 Free 15 mins consultation. Email: kennylau642@yahoo.com.au Website: www.coloncare.com.au	Sick of feeling sluggish, tired, costipated and bloated? Colon cleansing may help you to solve and prevent all these problems. A toxic encrusted colon is the root of 90% of diseases. Others services: Stockist wanted Australia wide. Own your home base/shop and online shopping mall with thousand fantastic products. Goods \$15,000 –\$30,000 on consignment and start up investment only \$80. Visit: www.ecoswayaus.com/au/au100307 www.ecosway.com/home/au100307
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Patrick Jee 39 Fairview Street; Springvale, Vic. 9547 8988; 0407 228 998; emilscabinets@primus.com.au	Range of award winning mattresses, For a full range of mattresses and ensembles, visit our website: <u>www.mattressesrus.com.au</u> Disc. Available, Half price delivery charges.
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Chinese SchoolOffer Chinese/Mandarin classes from prep to VCE and 3-4 years playgroup. Adult Chinese classes also available.Day/Time: Sunday 9:30 am – 12:30 pm (Prep - Yr 7, VCE 3 &4)1:30 - 4:30 pm (Yr 8, 9, VCE Prep, VCE 1&2)1:30 – 2:30 pm (3-4 years old Playgroup)1:30 - 4:30 pm (Yr 8, 9, VCE Prep, VCE 1&2)1:30 – 2:30 pm (3-4 years old Playgroup)1:30 - 3:30 pm (Adult class)Fees: CAV member: \$220.00 per child /year for the 1 st & 2 nd child /family \$200 per child/year from the 3 rd childNew VCE Units 1- 4: \$385 per studentNew VCE Units 1- 4: \$385 per student3-4 years old Playgroup: \$99 (member)/\$132 (non-member) per 2 termsAdult Class: \$145 (member) / \$180 (non-member) per school termContact: Principal: Ramona Chua 0448 976 988Math/English TuitionMath/English for all school levels. Small group per teacher to allow for personal coaching.Day/Time: Sunday from 1:00 pmFees: \$10 per hour.Contact: Principal: Ramona Chua 0448 976 988
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Table Tennis
Open to any one interested in playing table tennis. Members are friendly and they all have a common interest i.e. play & enjo
game. Table Tennis Robot is available to all members to improve their game.
Day/Time: Practice/Training every Tuesday 10:30 am – 3:00 pm Friday 10:30 am – 3:00 pm Statistical and 10:20 am – 2:00 pm
Saturday 10:30 am $-$ 2:00 pm Sunday 10:30 am $-$ 5:00 pm
Fees: CAV member: \$65/year non-member: \$131/year casual fee: \$5/session Contact: George Liew 0400 557 262 Jonathan Au 0413 124 212
Cultural Dance
Open to all children from age 5 years to adults. Lessons held on Sunday during school term at CAV hall.
Adult: 12:00 noon – 1:00 pm Fees: CAV member: \$50 per term Non-member: \$60 per term
Children : 1:00 pm – 3:00 pm (2 groups) Fees: CAV member: \$40 per term Non-member: \$50 per term
Contact: Ramona Chua 0448 976 988
Ballroom Dancing
Lesson & Social Dance every Thursday from 8:00 – 10:15 pm. (1.5 hours lesson and 3/4 hour social dancing).
2 teachers teaching all levels from beginners up. Lessons include Modern (standard), Latin & New Vogue. Street Latin is als
(Salsa, Merengue). Ease (menther, \$155.00 (CAV members) / \$185.00 (non-members) Wednesday
Fees: 6 monuns: \$155.00 (CAV members) / \$185.00 (non-members)
Y early: \$280.00 (CAV members) / \$340.00 (non-members) \$1.00 (PDC
Casual: \$14.00 (CAV members) / \$17.00 (non-members) per lesson member)
Contact: Rex Lai 9480 3433 (BH) 9841 9433 (AH) 0413 290 096 Interform
Golf Organise regular day or weekend social golf trips, dinner and quiz night, friendly challenges against other golf clubs. The an
event CAV golf championship in late April and golfing weekend trip in September. All golfers are welcomed.
Contact: Frank Chew 0419 998 180 or 9816 9475 (AH)
Women's Interest Network
- Cater for the specific interests of women members. All CAV members welcomed and no fees involved.
- Provide information seminars on health & family issues and provide community outreach projects.
- Support the overall thrust of CAV in its effort to help members integrate into the Australian way of life.
Contact: Khim Chow 0409 216 437
<u>Tai Chi</u>
Tai Chi breathing and stretching exercises and Chen style forms. Sunday 9:30-11:45 am & Tuesday 7:30 – 9:30 pm during C
school term. Fees: CAV members- 30.00 / school term for the 1 st 4 terms and 10.00 / term from 5 th term onwards
Non-CAV member \$50.00 /school term for the 1 st 4 terms and \$30.00/term from 5 th term onwards
Contact: Sunday class: Mai Saw 9807 2815 (AH) 0413 128 890 Tuesday class: Lillian Lai 9480 3433 (BH)
CAV Website & News Bulletin PublishingContact: Leon Han 0402 247Maintain CAV Website contents and design. Edit items published on the Website.Contact: Leon Han 0402 247
<u>Karaoke</u> Twice monthly Karaoke session at the CAV centre on every 1^{st} and 3^{rd} Sunday of the month 5:00 pm – 10:00 pm. Big video
25,000 karaoke songs to choose from and fantastic sound system.
Cost: \$4.00 (CAV member) \$6.00 (non-member) Tea and coffee provided
Contact: Kenny Lau 0405 019 223 Raymond Wong 0413 868 711
Seniors Club
Open to all CAV members who are 55 years old & over. Social gathering & trips. Contact: Dr Eng Seong Tan 0403 251 1
CAV Membership Fee is \$55 per family per year plus once-off joining fee of \$11 per family, open to all. General inquiries c
3388 or e-mail <u>admin@cavinc.com.au</u>

CAV Gala Ball at The Camberwell

Civic Centre

Saturday 8 November

340 Cemberwell Road, Cambeewell – Ample parking on the school ground

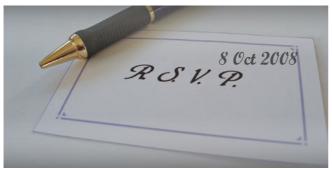
→ 3 course meal with wine, beer & soft drinks

Spectacular Floor Show

Dance to a fabulous Band

► Auction & Raffle Draw





Tickets : \$98

6.30 for 7.00 dinner

Dress Code Black Tie

CAV 2008 Beijing Olympic Games & Trivial Night



COME WATCH THE OPENING CEREMONY ON BIG SCREEN & PARTICIPATE IN CAV'S OWN OLYMPIC GAMES & TRIVIAL NIGHT

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Date: 8 August 2008

Time: 6:30pm

Venue: CAV Centre

320 Wantirna Road, Wantirna (enter from Ashley St)

Cost: \$28 pp –

Chinese buffet dinner included - BYO drinks Contact: Raymond Wong 0409 106 873

Vincent Chow 0413 734 088

